



THE HIRE NET.WORK INC.

## Peggy Grall Business Leader Coach, Facilitator and Speaker

Peggy Grall is a Business Leader Coach, former psychotherapist and an associate of The Hire Net.Work with 19 years experience in the areas of coaching and leadership training. Peggy has demonstrated her ability to assist individuals and corporations to explore and resolve complex personal and group issues through her work with organizations who are involved in significant changes like: navigating mergers, downsizing, plant closures and culture changes. Working in health care, government, manufacturing and retail, she is recognized for her talent to quickly facilitate personal and corporate change.

Her early career in managing business processes, combined with her work as a psychotherapist, and her understanding of leadership principles, has equipped her to provide effective guidance to leaders and teams. Her distinctive background in both business and Human Services equips her to work effectively with individuals and groups in understanding and addressing the personal and professional issues affecting business outcomes. As a native of the US, living in Canada, she has a unique advantage in working effectively with diverse populations, and has a proven ability to work with cross-cultural and international leaders and teams.

She is a professional speaker, coach and writer with her own speaking and training organization. She has researched, created and delivered over 1000 workshops across the US and Canada, in the areas of: *Managing Change In the Workplace, Dealing With Crisis & Resolving Conflict and Strategies For Personal & Professional Success*. Peggy has a Bachelor of Arts degree in Sociology & Anthropology, from the University of Guelph, has completed a Counseling Internship with the Toronto Institute Of Human Relations, and holds Leadership Certification in 16 areas related to her work, such as; Crisis Intervention, Group Facilitation, Employee Relations & HR. She has completed Corporate Coach University's Certified Coaching program, which trains individuals from around the world in advanced corporate coaching skills. She is certified to administer and interpret the DISC and the PCSI, Personal Profile Analysis tools as well as host the Coaching Clinic™, a two day intensive coaching program for leaders.

Peggy is an internationally recognized key-note speaker on the subjects of: Organizational Change, Crisis Leadership, Conflict Resolution and The Art of Professional Renewal. Her e-zine, *Change Bytes™*, is read by over 1500 business leaders monthly. She is the past editor in Chief of *Psychologica*, the trade magazine of The Association of Mental Health Professionals and she has co-authored, *Professionally Speaking*, a valuable guide to would-be presenters. Peggy's booklet, *19 Hopeful Hints for Managing the Big Fat Changes at Work*, is a hit with her clients. Peggy was nominated for Business Person of the Year in 2003 as well as for the 2005 Athena Award, an honor given to 'women of achievement' in business. The **Toronto Star** calls Peggy, "*smart and funny... tonic for the transition-challenged*", and the **Globe & Mail** claims Peggy as Canada's "*change expert*".



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